

# Cape Henlopen High School

Class of 2024

Post Secondary Planning

# School Counselors

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Cape Henlopen High School

1250 Kings Highway

Lewes, DE 19958

School Code: 080080

302-645-7711 High School

302-645-7898 Guidance

302-645-8413 Guidance fax

# Info at your fingertips

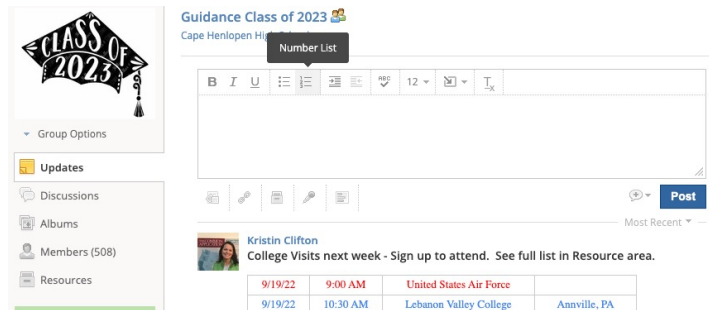
## Schoology

Guidance Class of 2024

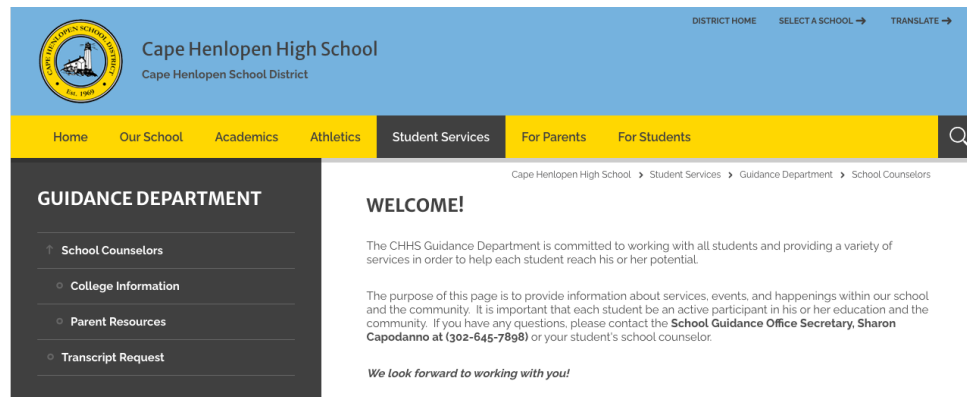
Scholarships Class of 2024

## CHHS Website

- Student Services
  - Guidance Department



Date	Time	Location
9/19/22	9:00 AM	United States Air Force
9/19/22	10:30 AM	Lebanon Valley College
		Annville, PA



**GUIDANCE DEPARTMENT**

- ↑ School Counselors
- College Information
- Parent Resources
- Transcript Request

**WELCOME!**

The CHHS Guidance Department is committed to working with all students and providing a variety of services in order to help each student reach his or her potential.

The purpose of this page is to provide information about services, events, and happenings within our school and the community. It is important that each student be an active participant in his or her education and the community. If you have any questions, please contact the **School Guidance Office Secretary, Sharon Capodanno at (302-645-7898)** or your student's school counselor.

*We look forward to working with you!*

# College Visits

- Schedule campus tours – vacation form and bring back documentation
- College Reps at CHHS
  - Sign up in College and Career Center (Binder or message Mrs. Clifton)
  - Pass to attend w/teacher permission
  - Face-to-face meeting
  - Ask questions
    - Academic programs (most popular)
    - Campus Life (freshmen options, security, fraternities/sororities, etc.)
    - Financial aid programs
    - Admissions requirements
    - Internship opportunities
    - Job placement for graduates
- Southern Delaware College Fair
  - Wed., October 25<sup>th</sup> - Sussex Central HS 7:00 pm–9:00 pm

# Trade Programs

- Sussex Tech Adult Education
  - Apprenticeship programs (the other 4-year degree)
    - Automotive Technician
    - Carpentry
    - Electrical
    - HVAC
    - Plumbing
    - Welding
- Delaware Tech
  - Workforce development
    - Real Estate
    - Phlebotomy
    - EMT – Basic Certification
    - Commercial Driver's License

# College Application Terms

## Early Decision

- Binding
- Deadlines usually mid-November with notification in mid-late December
- Only one (1) ED application
- Withdraw other applications when ED acceptance received
- Limits your ability to review financial aid packages

## Early Action

- Non-Binding
- Earlier application deadline = earlier notification
- Acceptance or deposit due May 1
- May apply to other colleges

## Rolling Admission

- Non-Binding
- Notification usually within 4-8 weeks

## Open Admission

- Non-Binding
- Admission without regard to academic qualifications

## Reply Date Agreement

- May 1
- Provides opportunity to hear from all colleges before committing

# Application Ethics

Application process demands integrity

- Report activities and accomplishments
  - Grades 9 -12
- Write your own essay
- Don't apply to a major you do not intend to pursue
- Report disciplinary infractions – you have a chance to explain
  - All suspensions (ISS and OSS)
- Social Media Presence



# Completing Applications

Narrow list to 3-5

Safety – Good Fit – Reach

Deadlines

Student Application

Application Requirements

Fee, essay, supplemental questions, letters of rec (#),  
transcript/school report, etc.

Admission Requirements

Min academic units, specific credits, etc.

# Information before you begin

- School Info
  - Address
  - Phone
  - Fax
- School Counselor Email
- Transcript
- Test Scores
- Resume
  - Activities grade 9-12
  - Academic Honors
  - Leadership Awards
  - Employment
- Student Email
- Drivers License #
- Social Security #
- Parent Info
  - Occupation/Job Title
  - Education level
  - College Attended
  - Driver License Number
- Sibling Info

# How do I apply to college?

- Common App
  - <https://www.commonapp.org/>
- SendEDU
  - <https://sendedu.org/>
- Coalition
  - <https://www.coalitionforcollegeaccess.org/>
- Individual College/University Applications
  - For example: DSU, DTCC, WilmU, etc.

# Transcript Information

9/25/2023 Page 1 of 1

**Student Transcript**

To: **From:** Cape Henlopen High School  
1250 Kings Highway  
Lewes, DE 19958

Kristin DeGregory  
(302) 645-7711  
CEEB #: 080080

Student: [REDACTED] Phone: [REDACTED] Studentid: [REDACTED]  
 Birth Date: [REDACTED] Grade: 12 Graduation Date: [REDACTED]

Official transcript includes school seal and signature.

**Year:** 2020-2021 **Grade:** 09 **Year:** 2021-2022 **Grade:** 10  
**Building:** Cape Henlopen High School **Building:** Cape Henlopen High School

Course	FINAL	Credit	Course	FINAL	Credit
Human Growth & Development	100	1	Physical Education 2	100	0.5
Health Education	84	0.5	Teaching as a Profession	99	1
Physical Education 1	100	0.5	Academic Enrichment		0
Honors Civics	100	0.5	Honors World Literature	94	1
Honors Geography	100	0.5	Growth & Dev. of Dom. Animals	96	1
Honors Biology	93	1	Honors Geometry	95	1
Spanish One	99	1	Honors Physical Science	95	1
Honors English 9	98	1	Spanish II	95	1
Foundations of Animal Sci.	98	1	Honors Enhanced Econ	99	1
Honors Algebra I	95	1	Driver Education 1	S	0.25
<b>GPA: 99.288</b>	<b>Credit: 8.000</b>		<b>GPA: 98.953</b>	<b>Credit: 7.750</b>	

**Year:** 2022-2023 **Grade:** 11 **Year:** 2023-2024 **Grade:** 12  
**Building:** Cape Henlopen High School **Building:** Cape Henlopen High School

Course	FINAL	Credit	Course	FINAL	Credit
WU PSY101 Intro to Psychology	99	0.5	Social Justice		0
WU SOC101 Intro to Sociology	99	0.5	Honors Physics		0
AP U.S. History	94	1	Creative Writing		0
Honors/Amrtr Literature	95	1	Film and Literature		0
Honors Algebra 2	94	1	Mythology		0
Honors Chemistry	88	1	DTCC ENG101 Composition I		0
Honors Spanish III	97	1	DTCC ENG102 Composition II		0
Found of Curriculum & Instr	99	1	Honors World History		0
Personal Finance	97	1	Statistics		0
<b>GPA: 100.125</b>	<b>Credit: 8.000</b>		<b>Credit: .000</b>		

Type	GPA	Rank
Cumulative Weighted GPA	99.466	66 / 460
Unweighted GPA	96.311	
<b>Total Credit: 23.750</b>		

Grading Scale: A = 90-100 B = 80-89 C = 70-79 D = 60-69 F = 0-59  
 A = 93-100 B = 85-92 C = 75-84 D = 70-74 F = 0-69 (prior to fall 2021)

Signature of School Official: \_\_\_\_\_ Date: \_\_\_\_\_

- 100-point grading scale
- Weighted
- Exact
- Cumulative GPA based on grades 9, 10, 11
- Class Rank based on cumulative weighted GPA

# How to Send Transcripts

COMMON APP – SendEDU – Coalition (counselor req)

## PARCHMENT.COM

- Every Student creates an account
  - Enter name (as it appears on Cape records)
  - Date of Birth
  - Graduation Year
- Order Transcript
  - Scholarships
  - Personal Use
- Free Service until August 31, 2024 – post secondary access

# Transcript Request Form

**CAPE HENLOPEN HIGH SCHOOL**  
**Transcript Request Form**  
Fill out one (1) transcript request form for every college/scholarship application.  
*Allow five (5) school days for processing. Submit directly to Ms. Capodanno in guidance.*

Name (printed): \_\_\_\_\_ Student ID#: \_\_\_\_\_  
Student email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

SEND TO: \_\_\_\_\_ OR STUDENT WILL PICK UP: \_\_\_\_\_

**College/Scholarship Name & Address:**

\_\_\_\_\_  
Name  
\_\_\_\_\_  
Street Address  
\_\_\_\_\_  
City, State, and Zip Code

Application Deadline: \_\_\_\_/\_\_\_\_/\_\_\_\_

I applied using: ☐ Common Application ☐ SendEDU ☐ Other \_\_\_\_\_

My application: ☐ has been completed ☐ is in progress

I need my counselor to do the following for me:

☐ Send Transcript ☐ Send 1<sup>st</sup> Semester Grades  
☐ Send Counselor Letter of Recommendation *\*If required by your institution*  
☐ Send/Complete Secondary School Report *\*If required by your institution*

\_\_\_\_\_  
Student Signature

**\*\* Most colleges require SAT/ACT scores directly from the testing service. You are responsible for sending your scores. See your counselor if you need assistance.**

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**FOR OFFICE USE ONLY:**

Date Received: \_\_\_\_\_ To Counselor: \_\_\_\_\_  
Processed by counselor: \_\_\_\_\_ Date Mailed: \_\_\_\_\_  
On-line completion Date: \_\_\_\_\_

# College Application Month

Department of Education initiative

[DelawareStudentSuccess.org](https://DelawareStudentSuccess.org)



CHHS CAM – October 9<sup>th</sup> – November 9<sup>th</sup>

- Various activities
- College Application help

All seniors will apply to:

2 year or 4 year college/university, trade/technical school, or military

**Delaware colleges waive online application fees during  
College Application Month  
10/01/2023 – 11/30/2023**

# Letters of Recommendation

## COLLEGE APPLICATIONS

### Academic

- Teacher (11<sup>th</sup> or 12<sup>th</sup>)
  - Core Subject Preferred
  - Career Pathway – major
  - Not necessarily course with highest grade
    - How are you as a student?
      - Strengths
      - Weaknesses
      - Quality of work
      - Grit
  - Advise teacher if you want area highlighted

## SCHOLARSHIP APPLICATIONS

### Character/Leadership

- Coaches
- Employers
- Clergy
- Political Figures


### YOUR RESPONSIBILITY

- Ask to write
  - Don't be offended
- Give at least 2 weeks
- Provide list of Colleges & Major



# School Counselor Letter of Recommendation

- Encompasses entire student
  - Academic Performance
  - Activities-extra curricular
  - Leadership
  - Character
- Counselor Letter of Rec Questionnaire
- Resume
- Brag Sheet

CHHS SENIOR "BRAG SHEET" 

We believe you should have some input into the letters of recommendation we write to colleges and universities on your behalf. Your responses to these questions will be very helpful. Please complete this form and return it to your counselor.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Email: \_\_\_\_\_

1. Biographical Section: (Provide as much detail as possible and include years of participation)

- School Clubs/Organizations:
- Sports:
- Employment:
- Community Service:
- Leadership Positions:
- Hobbies/Interest Outside of school:
- Honors Awards:

# Testing

## SAT &/or AP

- Collegeboard.org
  - Student Help Line
    - 866-756-7346

## ACT

- Actstudent.org

Scores not part of CHHS transcript

## ASVAB

- Military placement test
- Career Exploration tool
- At CHHS
  - 10/05/23
  - 11/30/23
  - 1/18/24
  - 4/24/24
- Free
- Sign up w/Mrs. Rhue in College/Career Center

# Scholarships & Financial Aid

- Delaware Scholarship Compendium
  - SEED – DTCC & UD
  - INSPIRE – DSU
  - Academic Common Market
- FAFSA (Free Application for Federal Student Aid)
  - After December 1, 2023
- [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
- Financial Aid Information Night
  - September 27<sup>th</sup>
    - CHHS Theater
    - 6:30 pm–8:30 pm

<https://scholarships.delawarestudentsuccess.org/>

- CHHS Scholarship Guide
  - Local Organizations
  - CHHS Website



- Financial Aid Workshops
  - 6:00 pm – 8:00 pm
    - 1/9/24
    - 2/8/24
    - 3/6/24
  - 9:00 am – 11:00 am
    - 1/24/24
    - 2/15/24
    - 3/12/24

# NCAA



Division I & II Schools

Registration - [www.eligibilitycenter.org](http://www.eligibilitycenter.org)

Fee

Final transcript sent in June (automatically if registered)

Parent Information Night – Wed., September 27<sup>th</sup>

6:30 pm – 7:30 pm B108

# Almost Finished

- Decision made, deposit paid! (May 1)
  - Notify other colleges
- Senior Awards Night
  - Self-report to your counselor
    - Copies of all financial awards/scholarships
  - Thursday, May 30<sup>th</sup> 6:30 pm
- Final Transcript Request (Graduation Practice)
- Graduation – June 4, 2024

